

Instructions on how to use the Genuair® inhaler

What is the Genuair® device?

It is a device that contains multiple doses of a medication in the form of a dry powder. When you breathe in through the inhaler's mouthpiece, the medication is delivered directly into your lungs. Moisture can cause the medicine to clump together so it must be kept in a dry place. It should be used while standing or sitting up straight to make it easier for the chest to expand.

The mouthpiece should be cleaned regularly with a dry cloth. It should not be washed with water, as the dry powder is sensitive to moisture.

How to use the Genuair® inhaler

While standing or sitting up straight, relax as much as you can and follow these instructions:

1. Remove the cap from the mouthpiece (the window will be red).



2. Press down on the inhaler's button to load the dose (the window will turn green).



- **3.** Breathe out fully to get as much air out of your lungs as possible (do not blow into the mouthpiece).
- **4.** Put the mouthpiece in your mouth and close your lips around it. Breathe in rapidly and deeply; you will hear a *click*. The window will turn red.
- **5.** Hold your breath for about 10 seconds or for as long as you can.
- 6. Breathe out slowly.
- 7. Gargle and rinse your mouth after each use.
- 8. Replace the cap.

The inhaler has a dose counter that indicates the number of doses that are left. The dose counter will count down in steps of 10. Initially it contains 60 doses. When a red striped band appears in the dose counter, it means fewer than 10 doses are left. When it reaches 0, the device locks and does not allow any more doses to be loaded.

If you have any questions, please check with the nurse.