

Instructions for use - K-Haler®

The Flutiform® K-haler® is a device that has a cylindrical shape and contains medication that is formulated as a suspension. When you breathe in through the mouthpiece, you inhale the medication, which is delivered directly into your lungs. The device is small and light. It is easy to use because the medication is released automatically when you inhale.



To clean the canister, wipe with a dry or damp cloth, without taking it apart or submerging it in water. The inhaler has a dose counter that indicates the number of doses remaining and when only 28 are left, it starts changing to red until it turns completely red when none are left.

Before using the inhaler for the first time or if you have not used it for more than 3 days

Your inhaler needs to be prepared (primed) to ensure it works properly and that you get the correct dose.

1. Shake before opening the cover.



2. Always keeping the inhaler upright, open the cover as far as it will go and then close it completely.



3. Repeat steps 1 and 2 four times.

How to use your K-Haler®

While standing or sitting upright, relax as much as you can and follow these instructions.

- 1. Shake the device, keeping it upright.
- 2. Open the cover completely.
- 3. Breathe out fully to get as much air out of your lungs as possible; do not blow into the mouthpiece.
- **4.** Put the mouthpiece in your mouth and breathe in slowly and deeply.
- 5. Hold your breath for about 10 seconds or for as long as you can.
- Breathe out slowly.
- 7. Keep the inhaler upright and close the cover completely after each puff.
- 8. Gargle and rinse your mouth after each use.

If you have any questions, please check with the nurse.

