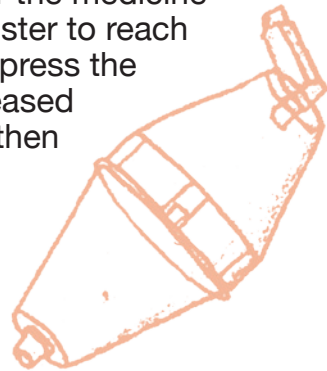


Instructions on how to use a spacer chamber

What is a spacer chamber? It is a device that makes it easier for the medicine in the pressurized canister to reach your lungs. When you press the inhaler, the drug is released into the chamber and then you inhale it.



It should be washed frequently, at least once a week, with soap and water, air-dried and replaced if there are any problems.

How do you use a spacer chamber?

Either standing or sitting down, relax as much as you can and follow these instructions:

1. First, if necessary, assemble the spacer chamber following the instructions.



2. Remove the cap from the inhaler, shake the inhaler and attach it to the spacer.



3. Breathe out as fully as possible. You can do so through the spacer's mouthpiece.



4. Press down on the inhaler (maximum two puffs per inhalation).



5. Breathe in slowly and deeply (if you cannot, breathe normally through the mouthpiece).



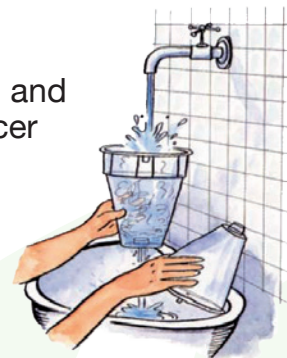
6-7. Hold your breath in your lungs for 10 seconds or for as long as you can. Breathe out slowly. If another dose is needed, repeat steps 2 to 7.



8. Gargle and rinse your mouth after each use.



9. Regularly wash and dry well your spacer chamber.



Spacers with facemasks

10. Adjust the mask properly to the face in order to prevent leaks.

11. Make sure the air is inhaled through the mouth (pinch the nose shut, if necessary).

If you have any questions, please check with the nurse.